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## **Medixine and Garmin connect consumers and doctors**

Digitalization of healthcare processes is rapidly speeding up all over the world and the need for ready-to-scale solutions is high. More and more people use wearable devices for self-monitoring but putting the collected information into use for promoting health has not been easy.

Garmin provides a wide selection of wearable devices many of which provide a comprehensive set of measurements for monitoring a subject's health.

One of the leaders in connected care in Europe, Medixine has developed a flexible cloud software product, Medixine Suite. It offers a scalable platform for any market segment in healthcare and wellbeing such as health care providers, or the insurance or pharma industries.

Medixine and Garmin health have now teamed up to provide a one-stop solution for the provision of self-measured data from consumers to their healthcare providers. Medixine has integrated Garmin devices to its platform and Garmin and Medixine are together looking for customers for the new combined offering. Among the potential uses of Garmin devices connected to Medixine is patient screening based on pulse and pulse wave variation and occupational health screening of employees based on stress levels.

“Using Garmin devices has already raised a lot of interest in customers in several countries”, says Dr. Tapio Jokinen, CEO of Medixine.

“Medixine adds immediate value to Garmin products by using our interfaces and the Companion SDK for real time stream of wearable data. We are jointly working on several interesting use cases within the healthcare and welfare industry”, says Juha Villanen of Garmin Health.

“Garmin has the resources for global scaling up that this new approach needs. Medixine is happy to have been chosen as a key partner for Garmin in this exciting phase of the market”, continues Tapio Jokinen, CEO of Medixine.

“Our product includes a configurable platform and a full selection of functionalities scaling from video meetings and secure chat and messaging to questionnaires and remote monitoring. It has a powerful integration framework that makes it easy work with the rich IT environments of global healthcare customers”, says Mr. Otto Teinonen, CTO of Medixine.

### **About Medixine**

Medixine Ltd is specialized in connected care solutions. Originally a Finnish company, it operates in all Scandinavian countries and the EU. Medixine's core product Medixine Suite is the result of over 15 years of research and development. It offers tools for new, more effective care where patients' active participation in the prevention and care processes and efficient communication between all parties in the care community is essential.

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### **About Garmin International, Inc.**

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